

Break – Back at 3:15

Clinical Pearls of Depression





BRIDGES TO MENTAL HEALTH

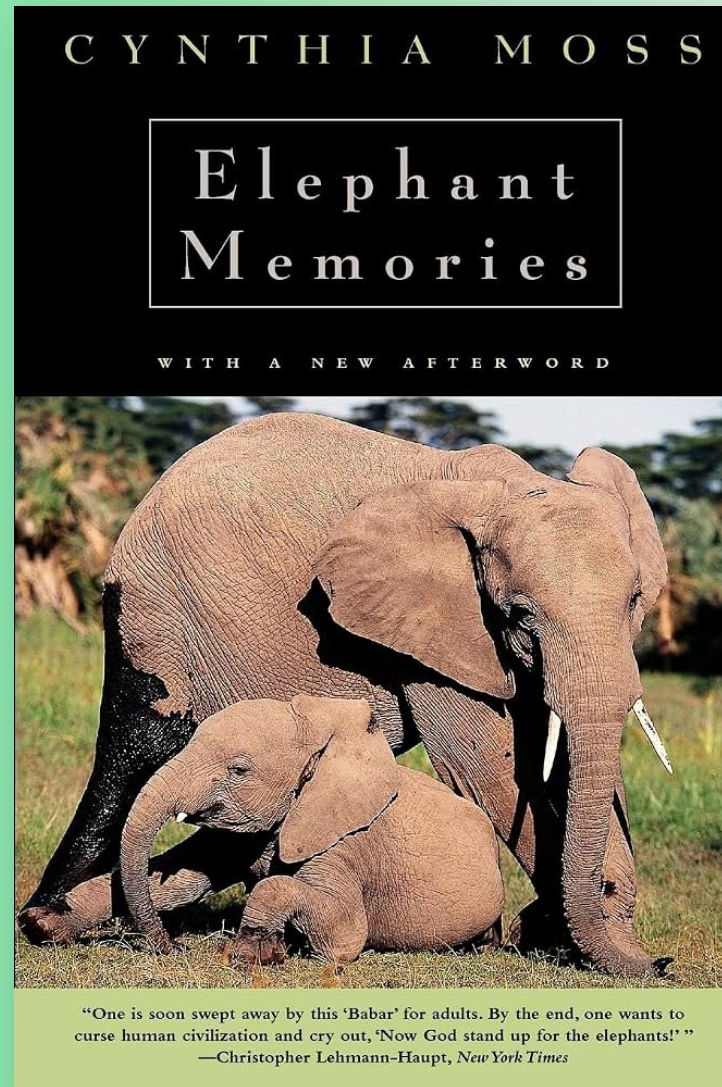
Clinical Pearls of Depression



Reality testing intact or improved



Depressive episodes are remembered



Not necessarily a life long illness with one episode

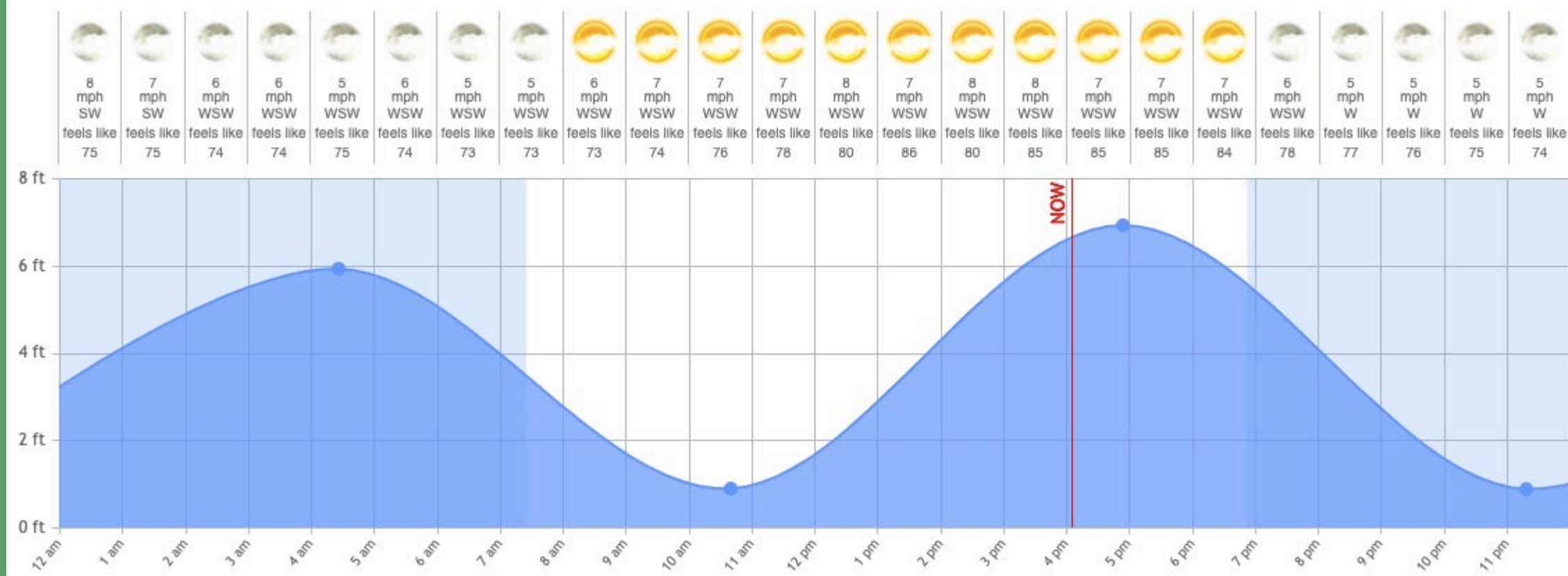


Melancholic – decreased sleep, decreased appetite, diurnal variation



Diurnal Variation

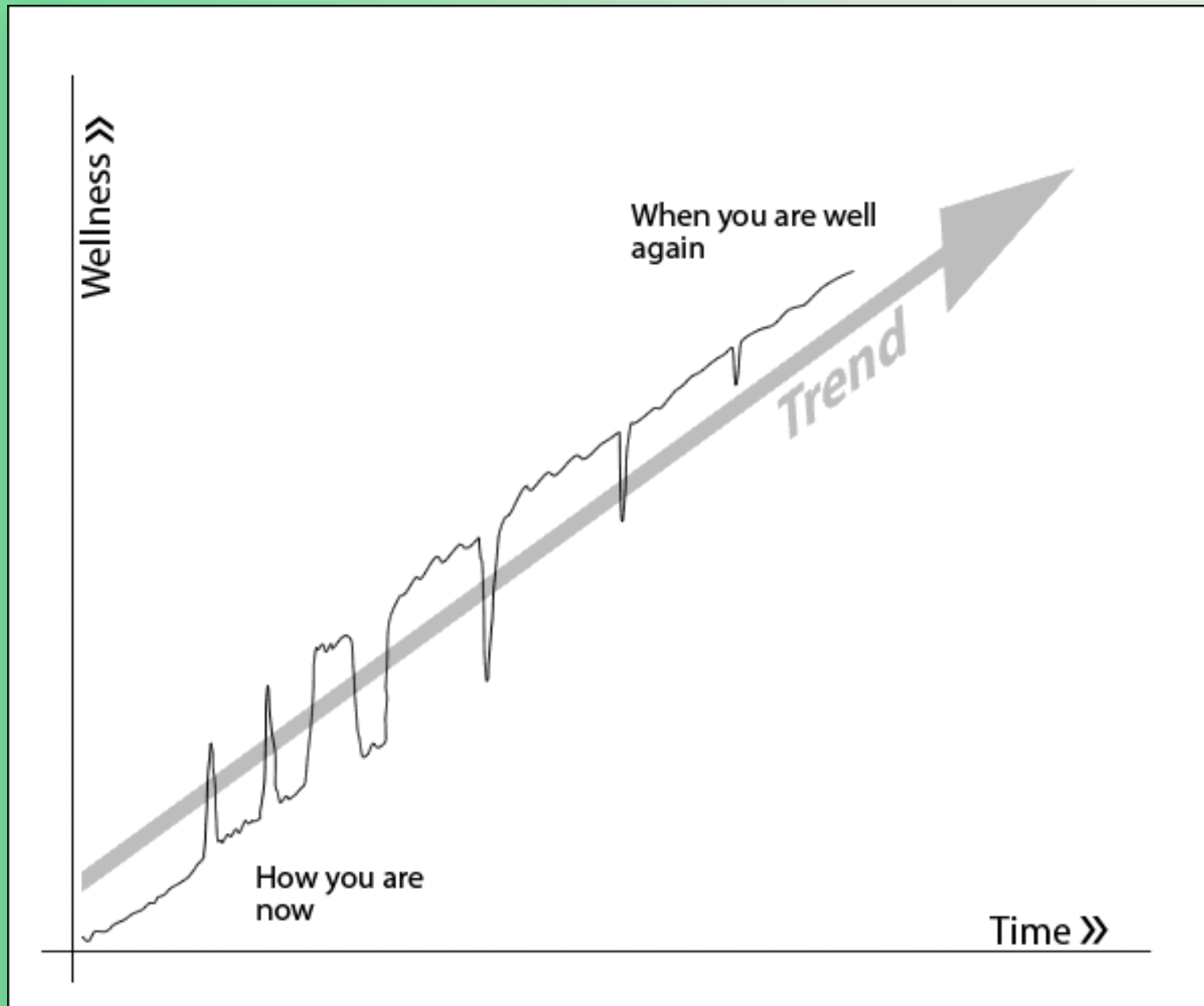
Date: **Monday, Oct 12th**



Joy Returns Last



Two steps
forward,
one step back



Rethink start low, go slow



clarksonregional.com/bridges-to-mental-health

Patient last to know depressed, last to know recovery

